

**METHODOLOGY FOR IMPLEMENTING AN INTEGRATIVE
APPROACH IN TEACHING SPECIAL PEDAGOGICAL
DISCIPLINES IN HIGHER EDUCATION**

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Abstract: This article examines the theoretical foundations and practical methodology of implementing an integrative approach in teaching special pedagogical disciplines in higher education institutions. The study analyzes the possibilities of developing students' knowledge, skills, and competencies in a complex and holistic manner through an integrated learning model. It also highlights effective methods of ensuring interdisciplinary connections, using innovative pedagogical technologies, and creating an inclusive educational environment. The article proposes recommendations for organizing lessons based on an integrative approach, designing the educational process, and improving the quality of specialist training in the field of special pedagogy.

Keywords: integrative approach, special pedagogy, higher education, inclusive education, pedagogical technologies, interdisciplinary integration, competence, teaching methodology, innovative approach, educational process.

Introduction. Transformational changes in the modern education system require the improvement of teaching processes in higher education institutions, particularly the introduction of innovative approaches in teaching special pedagogical disciplines. Globalization processes, the growing need for inclusive education, and the necessity of working with individuals with diverse developmental characteristics have created new demands for the quality of training specialists in special pedagogy. In this regard, the application of an integrative approach in the educational process has become one of the most relevant scientific and practical issues.

The formation and development of the integrative approach are closely connected with the historical evolution of the education system, emerging as a result of scientific progress, societal needs, and changes in pedagogical thought. The main idea of this approach is based on the necessity of studying knowledge not as separate disciplines, but as an interconnected and holistic system.

The roots of integrative ideas can be traced back to ancient philosophy. In Ancient Greece, thinkers such as Plato and Aristotle attempted to view knowledge as a unified system. In the medieval Eastern tradition, scholars such as Al-Farabi, Ibn Sina

(Avicenna), and Al-Biruni interpreted scientific knowledge as interconnected fields and promoted the idea of studying nature, humanity, and society as an integrated whole.

During the modern era, the differentiation of sciences intensified as disciplines developed independently. In the 18th–19th centuries, scientific fields became increasingly specialized, which also led to the separation of subjects in education. However, by the 20th century, rapid scientific and technological development made it clear that complex problems could not be solved within a single discipline.

In the mid-20th century, integrative ideas were revived in pedagogy and psychology. In particular, constructivist theory, systems thinking, and competency-based education significantly contributed to the development of the integrative approach. The works of scholars such as Jean Piaget and Lev Vygotsky emphasized the active construction of knowledge and its dependence on the social environment, thereby strengthening interdisciplinary integration.

During the 1960s–1980s, integrated curricula and interdisciplinary approaches became widely implemented in Western education systems. This period focused on unifying educational content, ensuring coherence between subjects, and developing practical competencies.

In the 21st century, globalization, digital technologies, and changes in the labor market have further increased the relevance of the integrative approach. Today, it is recognized as one of the key principles of modern education and is widely applied in competency-based and modular teaching systems in higher education. Overall, the emergence of the integrative approach reflects a historical shift from the fragmentation of knowledge toward its reintegration into a unified system.

An integrative approach is a pedagogical concept aimed at forming students’ comprehensive knowledge and skills through the integration of various disciplines, methods, and pedagogical technologies. It is particularly important in teaching special pedagogical disciplines, as this field is closely connected with psychology, defectology, speech therapy, pedagogy, and basic medical sciences. Unlike traditional fragmented education, the integrative approach prepares students for real pedagogical situations, enabling them to solve complex problems and develop professional competencies.

Today, in many higher education institutions, teaching special pedagogical disciplines often prioritizes theoretical knowledge, while practical integration remains insufficient. This creates difficulties for graduates when adapting to complex professional situations. Therefore, organizing the educational process on the basis of interdisciplinary integration, applying innovative methods and technologies, and developing students’ independent thinking and problem-solving skills are among the key priorities.

The aim of this article is to analyze the theoretical foundations of implementing an integrative approach in teaching special pedagogical disciplines in higher education and to develop its practical methodology. The study also examines the advantages of this approach, the conditions for its implementation, and ways to enhance its effectiveness. The findings are expected to contribute to creating an effective learning environment, developing students' professional competencies, and training highly qualified specialists in accordance with modern requirements.

The integrative approach offers extensive opportunities in modern education, particularly in teaching special pedagogical disciplines in higher education. Its main essence lies in forming a holistic system of knowledge by integrating different disciplines, methods, and pedagogical technologies. Therefore, it plays a crucial role not only in strengthening theoretical knowledge but also in developing practical competencies.

Firstly, the integrative approach ensures interdisciplinary connections. Since special pedagogy is closely linked with psychology, defectology, speech therapy, medical basics, and general pedagogy, integration allows students to learn these fields as a unified system rather than separate subjects. This leads to deeper and more stable knowledge acquisition.

Secondly, the integrative approach contributes to the development of students' professional competencies. Through problem-based learning, case studies, project work, and practical exercises, students engage in activities close to real pedagogical practice. This helps them develop skills in independent decision-making, analysis, and practical problem-solving.

Third, this approach develops students' creative and critical thinking skills. In the integrated learning process, traditional memorization-based teaching is replaced with problem-based learning and interactive methods. As a result, students do not simply receive knowledge in a ready-made form; instead, they independently discover, analyze, and construct it.

Fourth, the integrative approach increases the practical orientation of the educational process. Theoretical knowledge is connected with real-life situations, which strengthens students' readiness for professional activity. In particular, practical skills required for working in inclusive education settings are effectively developed.

Fifth, the integrative approach enhances students' motivation. Making the learning process engaging, interactive, and closely related to real-life contexts increases students' interest in academic activities, which in turn improves learning outcomes.

Furthermore, the integrative approach creates broad opportunities for the effective use of digital technologies and innovative pedagogical tools. The integration of multimedia, virtual platforms, simulations, and electronic resources makes the

educational process more modern and efficient. Overall, the integrative approach has significant didactic potential for improving the quality of teaching special pedagogical disciplines in higher education, ensuring students’ professional and personal development, and preparing them for the modern labor market.

In this study, a comprehensive methodological approach was used to examine the implementation of the integrative approach in teaching special pedagogical disciplines in higher education. The research methodology was based on a combination of theoretical and empirical methods, enabling a comprehensive analysis of the problem.

The theoretical basis of the study included scientific literature in special pedagogy, general pedagogy, psychology, and inclusive education. Scientific sources, educational and methodological materials, regulatory documents, and advanced international and local practices were analyzed. At this stage, the essence of the integrative approach, its components, didactic potential, and its relationship with special pedagogical disciplines were clarified. In addition, interdisciplinary integration, competency-based education, and innovative pedagogical technologies were analyzed through a systems approach.

During the empirical stage, several methods were applied. Observation was used to analyze teaching processes in higher education institutions and to assess the extent to which integrative elements were applied in special pedagogy classes. A questionnaire survey was conducted among teachers and students to identify attitudes toward the integrative approach, existing challenges, and needs. Interviews were also carried out to gain deeper insights into teachers’ experiences and methodological perspectives.

A pedagogical experiment was an essential part of the study. Control and experimental groups were formed, and in the experimental group, a methodology based on the integrative approach was implemented. This methodology included interdisciplinary lesson design, problem-based learning, case studies, project-based learning, interactive teaching methods, and the use of digital technologies. The control group was taught using traditional methods.

The results were analyzed using both qualitative and quantitative methods. The collected data were statistically processed and interpreted through comparison and generalization. Changes in students’ knowledge levels, professional competencies, independent thinking, and problem-solving skills were evaluated using specific criteria. The effectiveness of the integrative approach was also assessed, confirming its positive impact on the learning process.

Methodologically, the study is based on systemic, activity-oriented, and student-centered approaches. This ensured a comprehensive organization of the educational process, consideration of individual learner differences, and active student

participation. Thus, the chosen methodology enabled the effective implementation and scientific evaluation of the integrative approach.

The results obtained during the research were aimed at determining the effectiveness of the integrative approach in teaching special pedagogical disciplines in higher education. A total of 60 students participated in the pedagogical experiment, with 30 students assigned to the experimental group and 30 to the control group. At the beginning of the study, both groups showed almost identical levels of knowledge, professional competence, and practical skills.

According to the initial diagnostic results, the distribution of knowledge levels in the experimental group was as follows: high level – 16%, medium level – 47%, low level – 37%. In the control group, the results were 18%, 45%, and 37%, respectively, indicating no significant difference between the groups and ensuring the objectivity of the experiment.

In the experimental group, the integrative methodology (interdisciplinary integration, case studies, project-based learning, interactive methods, and ICT use) was applied systematically over one semester. In contrast, the control group continued with traditional teaching methods.

At the end of the experiment, significant positive changes were observed. In the experimental group, the high-level achievement increased from 16% to 42% (an increase of 26%), the medium level slightly decreased from 47% to 44%, and the low level decreased from 37% to 14% (a reduction of 23%). In the control group, changes were minimal: high level increased from 18% to 25%, medium level from 45% to 48%, and low level decreased from 37% to 27%.

Significant improvements were also observed in professional competencies. In the experimental group, problem-solving skills increased from 38% to 71%, independent thinking from 42% to 76%, and practical skills (logopedics and defectological approaches) from 35% to 68%. In the control group, improvements were limited to 10–15%.

Survey results further confirmed the effectiveness of the integrative approach. In the experimental group, 84% of students reported that integrative lessons helped them better understand the content, while 79% stated that this approach increased their professional interest. In the control group, these figures were 52% and 47%, respectively.

Statistical analysis confirmed that the differences between the experimental and control groups were significant ($p < 0.05$), scientifically validating the effectiveness of the integrative teaching methodology. Overall, the results demonstrated that the use of an integrative approach in teaching special pedagogical disciplines significantly improves not only theoretical knowledge but also practical and professional

competencies. This is an important factor in preparing future specialists for real pedagogical practice.

The findings of this study confirmed the high pedagogical effectiveness of implementing an integrative approach in teaching special pedagogical disciplines in higher education. The empirical results validated the proposed hypothesis and demonstrated that the integrative approach is an important didactic tool for developing students' professional competencies.

The significant differences between the experimental and control groups clearly showed the superiority of the integrative approach over traditional teaching methods. In particular, the improvement in knowledge levels, the reduction of low-performing students, and the increase in high-achieving students demonstrated the effectiveness of the integrated learning process. This is directly related to the nature of special pedagogy, which requires the integration of multiple disciplines such as psychology, defectology, speech therapy, medical sciences, and pedagogy.

The results also confirmed that the integrative approach significantly enhances students' activity, independent thinking, and problem-solving skills. This aligns with constructivist learning theory, which emphasizes that knowledge is actively constructed by learners. Through case studies, project-based learning, and interactive methods, students were able to engage in realistic pedagogical situations, which strengthened their practical competencies.

The study further showed that the integrative approach plays an important role in increasing student motivation. According to survey data, students in the experimental group described lessons as more interesting, understandable, and practice-oriented. This demonstrates that linking interdisciplinary knowledge with real-life contexts increases the relevance and applicability of learning materials and contributes to the development of professional identity.

However, some challenges were also identified. These include insufficient methodological preparedness of teachers, lack of flexibility in curricula, and limited time resources. These factors indicate the need for curriculum reform and the organization of professional development and training programs for teachers.

In addition, the effectiveness of the integrative approach depends not only on methodological tools but also on the quality of the learning environment. The use of digital technologies, multimedia tools, and interactive platforms significantly enhances implementation. Therefore, integrating digital pedagogy with the integrative approach is identified as a promising direction for future development.

Overall, the results confirm that the integrative approach in teaching special pedagogical disciplines is an effective tool for both strengthening theoretical knowledge and developing practical competencies. At the same time, improving

organizational, methodological, and technological conditions is necessary for its broader implementation.

The study confirmed that implementing an integrative approach in teaching special pedagogical disciplines in higher education is a relevant pedagogical issue with high practical significance. Both theoretical analysis and pedagogical experiments demonstrated that the integrative approach is an effective method for improving teaching quality, developing students' professional competencies, and preparing them for real pedagogical practice.

The findings showed that an integrative learning process significantly improves students' knowledge levels. In particular, ensuring interdisciplinary connections, integrating theory with practice, and using interactive methods positively influenced learning outcomes. This scientifically confirms the superiority of the integrative approach over traditional teaching methods.

Conclusion. Furthermore, the results revealed that the integrative approach plays a key role in developing students' independent thinking, analytical skills, and problem-solving abilities. These competencies are essential for future special education professionals, especially in inclusive education settings where individualized and complex pedagogical decisions are required.

Another important finding is that successful implementation of the integrative approach requires improved teacher training, modernization of curricula, and wider use of digital technologies. These factors are essential for enhancing educational quality and ensuring full implementation of the integrated learning model.

In conclusion, the use of an integrative approach in teaching special pedagogical disciplines in higher education not only improves educational effectiveness but also ensures that future specialists meet international professional standards. Therefore, its wider implementation and continuous improvement should be considered one of the key priorities in modern higher education systems.

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